



Earth Friends Outdoors Homeschool

Family Guidelines

Irvine Nature Center is launching the Earth Friends Outdoor Homeschool Program under the guidance from the Centers for Disease Control, and the local Health Department. These procedures have been instituted to keep you and your children healthy and safe. It is imperative that all caregivers are aware of and follow all procedures. **Please share these guidelines and the Welcome Letter sent via email in the weeks leading up to the initial class with all individuals responsible for picking up or dropping off your child as well as any emergency contacts.**

Irvine Nature Center staff will do everything reasonably possible to provide a safe environment for your child to grow, learn, and connect with others and the world around them. However, no list of restrictions, guidelines, or practices will remove 100% of the risk of exposure to any virus, including COVID-19, as it can be transmitted by asymptomatic persons. More than ever before, our program strives create a community in which we all care for the commUNITY as a whole: students, staff, and all their families. Please join us in the maintaining a healthy environment.

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CLASS OFFERINGS AND LOCATIONS

For the current school year, all Earth Friends classes will be limited to groups of 12 students and 2 teachers and will not mingle with other classes at any time. At this time we strongly discourage families from enrolling individual children in multiple classes per CDC recommendations to limit the mixing of group cohorts.

Nearly all activities will occur outdoors. Except during inclement weather (see below), classes will hold drop off, gathering circle time, snack, closing gathering, and pick up all outdoors in our newly assigned *Class Groves* (the “*Glen*” or the “*Upper Amphitheater*” near the driveway}). The *Glen* will be reserved for the Forest Explorers younger age classes. The *Upper Amphitheater* will be used by the older age classes.



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The Nature Preschool has exclusive use of the Outdoor Classroom Monday-Friday and the picnic area just outside the Outdoor Classroom on Tuesday and Thursday, thus these areas will be unavailable for us and for your families during our class times. Of course, we will still spend the bulk of our class time out on the trails!

Incident Weather

In the event of thunder, lightning, strong winds that result in the closing of trails, or prolonged periods of excessive cold or hot temperatures, we will move class indoors to the Fern Rooms. Please note that since we will still be outside on cold, hot, or rainy days as much as possible, please read the recommended gear list and dress your child appropriately for a full 3 hours outdoors in the elements! For information about weather related closures or delays, please see Make Up Days and Long Distance Learning.

HEALTH AND WELLNESS POLICY

Please note, the following policies and procedures **are subject to change at any time** due to rapidly changing conditions surrounding the epidemic. They are current as of the date on this document.

Staff and students may NOT attend if they or a household member...	Until ...
<ul style="list-style-type: none"> • Tested positive for COVID-19 	they meet the CDC criteria for discontinuation of home isolation and have a doctor’s note clearing them to return to Earth Friends. The ECE Director will also consult with the Health Department who will determine when the individual is permitted to return.
<ul style="list-style-type: none"> • Exhibits any symptoms of any contagious disease (including those listed in the COVID-19-Like Symptoms box below) 	they have been cleared from their doctor or they have been fever/diarrhea/vomiting free for 24 hours without the aid of medication.
<ul style="list-style-type: none"> • Is known to have had prolonged contact with an individual with a positive case of COVID-19. The CDC defines prolonged contact as w/in 6feet for at least 15 min. 	14 days after date of last prolonged contact
<ul style="list-style-type: none"> • Is known to have had prolonged contact with an individual with COVID-19 symptoms (as defined in box below). The CDC defines prolonged contact as w/in 6feet for at least 15 min. 	If the individual with symptoms receives a negative COVID-19 test result or alternative diagnosis from a physician the Earth Friends student may return so long as they are not showing any symptoms. If no test is taken than the Earth Friends student should self-quarantine for 14 days.
<ul style="list-style-type: none"> • Traveled to or from a COVID-19 hotspot w/in the last 14 days (See “Travel”) 	(please see section on Travel below)

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To aid Irvine Nature Center in assisting the Health Department in contact tracing and to best promote the health and safety of all participants and staff, Earth Friends families and staff should promptly notify the ECE Director and Head of Homeschool Programs if their child has been in attendance in the 48 hours prior to they or any member of their household(s)

<p>COVID-19-LIKE SYMPTOMS THAT EXCLUDE AN INDIVIDUAL FROM PARTICIPATION (since last day in attendance)</p>	
<p>New onset cough or shortness of breath or new loss of taste/smell OR 2 or more of the following:</p>	
<ul style="list-style-type: none"> • Fever of 100.4 degrees+ • Chills • Muscle pain or ache • Sore throat • congestion 	<ul style="list-style-type: none"> • Nausea or vomiting • Diarrhea • Headache • fatigue • Runny nose
<p>Seasonal allergies or pre-existing conditions with these symptoms require a doctor's note.</p>	

- tests positive for COVID-19
- exhibits symptoms of a COVID-19-like illness (please see the box above for symptoms)
- were informed they had been exposed to someone with COVID-19 or had prolonged contact with an individual with COVID-19-like illness symptoms. This includes a parent /caregiver's possible exposure to COVID-19 at their employment and the caregiver was present at their workplace w/in the last 14 days.

Failure to promptly inform the Director of these items may result in the unintentional spread of disease, a prolonged closure (per the Health Department requirements) and possible dismissal from the Earth Friends Program.

Upon informing the ECE Director, they will inform families/staff if they are able to attend or if they need to self-quarantine and for how long, based on consultation with the Health Department and Irvine's Deputy Director. Under no circumstances should the child, staff person, or any other member of their household attend or visit Irvine until the recommended period of self-quarantine has been completed.

Health Screenings

To assist us in maintaining a healthy environment, all students and staff must participate in a daily health screening prior to starting their class. During the health screening, the Director of Early Childhood Education and her assistant will ask caregivers to sign a Statement of Good Health. The ECE Director or her assistant will take children's temperatures. This temperature and The Statement of Good Health are kept private per HIPAA laws.

Any individual who refuses to sign the Statement of Good Health or has a fever of over 100 degrees will be unable to attend class. That child/staff person will need to return home, self-quarantine, and await

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further directions from the Director. The Director will contact the Health Department for further guidance and then inform families.

OTHER NON-COVID SYMPTOMS/CONDITIONS RESULTING IN EXCLUSION (any single symptom)
<ul style="list-style-type: none"> • Vomiting • Diarrhea • Fever of 100 degrees or more (99.5 if taken via armpit) • Unexplained rash • Infectious pink eye (until cleared by doctor and on antibiotics for 24 hrs) • Head lice (until treated) • Green or yellow runny nose if paired with other symptoms <p>*Staff and children must be fever/vomiting/ diarrhea free for 24 hours w/out the aid of medication before returning or have a doctors note.*</p>

In addition, individuals with any of the symptoms/conditions in the box to the left should not attend class, but not considered a probable case of COVID-19.

During the health screenings, staff will keep a social distance of 6 feet as much as possible.

When Symptoms Develop After Drop Off

If an individual develops symptoms consistent with a COVID-19- like illness or typical exclusionary symptoms during class they will be sent home without exception. A child with symptoms will be isolated from the rest of the class but still under supervision until they are picked up. Children must be picked up promptly if they are ill. Please ensure that the

contact information you provide for yourself and emergency contacts is up to date. Once the child's family is contacted, the ECE Director will contact and the local Health Department for further guidance. The rest of the affected Irvine community will then be informed of any actions to be taken once we have clear guidance from the Health Department.

Possible Quarantine & Closure

We will follow all guidance and recommendations from the Health Department when it comes to any confirmed or possible exposure to COVID-19. Irvine Nature Center will close for a *minimum* of 48 hours to fully disinfect, consult with the Health Department and determine further actions as needed if

- There is a confirmed case of an individual with COVID-19 who was present at Irvine Programming w/in the last 48 hours prior to developing symptoms
- There is confirmed case of an individual with COVID-19 who was asymptomatic while participating at an Irvine Program prior to a COVID-19 positive test and had close, prolonged contact as defined by the CDC, with program staff and/or children

In all other instances, we will consult with the Health Department. Length of closure will be determined by these entities.

If Earth Friends participants or staff had prolonged exposure to these individuals, the Health Department may instruct Earth Friends students and staff to self-quarantine and stay in close contact



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with the Director of ECE and Head of Homeschool to report any symptoms in themselves or their households. Doing so may enable us to reopen earlier per the Health Department.

The very best thing you can do to ensure we can remain open or any closure is as short as possible is to err on the side of caution. **If your child has any of the symptoms in the box, they will likely need to stay home and you must contact the ECE Director immediately.**

Allergies and Asthma

If your child has life-threatening allergies or asthma, please ensure that this information is included during registration. If your child will carry emergency medication (such as Benadryl, an epi-pen, or an inhaler), please complete the appropriate Medication Authorization Administration Form and Allergy Action Plan. These forms will be emailed to you upon request and will also be on our website for you to download. All medication must be labeled with your child's full name. If your child will self-carry, please ensure they know how to properly carry, handle, and administer the medication. If you have any questions about these forms, please reach out to the Director of ECE.

TRAVEL

All students and staff that travel out of state to an area experiencing a marked increase in COVID-19 cases, or hotspot, must self-quarantine for 14 days after returning home before attending class. We strongly recommend that after such travel you get tested for COVID-19. If the test comes back positive, students and staff will not be permitted to attend until they meet [the CDC criteria for discontinuation of home isolation](#).

A hotspot is identified as a county with over 24 cases per 100,000 in the last seven days, as identified by [this map](#). Hot spot areas are marked by the 5 darker orange and red colors. The map is updated daily and information is collected from state and local health agencies and hospitals.

Individuals that travel outside of Maryland should contact the Director for approval to return to Earth Friends. We strongly recommend that families and staff check the above map and the CDC guidelines prior to making travel plans and leaving for any travel outside of Maryland to limit the likelihood of interfering with Preschool attendance.

DROP OFF AND PICK-UP

For the foreseeable future, only students and staff will be permitted inside the Irvine Building or Earth Friends Class Groves. This includes the classrooms, Fern Rooms, Exhibit Hall, bathrooms, and the Class Groves. Instead, all drop offs and pick-ups will occur outdoors. If you must enter the Irvine classroom spaces due to an emergency, all caregivers must wash their hands, wear a face covering, and maintain 6 feet of distance. Family events like seasonal hikes and class campfires will be reviewed closer to those dates to see if they can be held safely with accommodations or changes. All other special events will be cancelled for the foreseeable future.



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Drop Off

To provide ample time for health screenings and to promote social distancing of families at drop off, we are implementing a staggered arrival. Each class will be divided into 2 groups so that half the students from each class come at 9:15, and the other half at 9:30. Families will be assigned an arrival time, but will have an opportunity to swap with another family if their assigned time is not preferred. This information will be provided with your Welcome Letter. We ask for your patience with us during arrival. With time we will all get the routine down and it will go quicker. We promise we will do this as quickly as possible to get your child to class and you on your way!

As families arrive, the ECE Director and her assistant will greet them inside the Irvine driveway. All parents/caregivers, students, and their siblings will stay in their cars for the health screening (please see above). If a child is not cleared to attend, their car will simply pull ahead and turn around to return home. Once a child passes the health screening, the parent/caregiver will sign their child in and proceed to park in the lot. Please make every attempt to have your child use the restroom before arriving or use the porta-potty upon arrival.

Parents/caregivers will walk their child to their Class Grove (the Glen or Upper Amphitheater). Caregivers/parents are not permitted to enter Class Groves while students are present. Parents and children should say their goodbyes at the easels welcoming families just before these Class Groves.

On days classes must start indoors due to inclement weather, parents/caregivers will walk their children to the side door near the tent. A teacher will be waiting for the child there and will escort them to their class.

Teachers and parents should keep a 6 foot distance from each other at all times.

Parents/caregivers, students, siblings over 2 years, and teachers must wear a face covering in case distancing is not possible. (ex. helping children and parents with goodbyes).

Pick-Up

Classes will hold their closing gatherings in their Class Groves. Parents/caregivers must pick up their child in that location. Caregivers may not enter the Class Grove or classroom and instead must wait for teachers to dismiss their child to them. **Parents/caregivers, students, siblings over 2 yrs, and staff must wear a face covering while picking up their child and maintain a 6 feet distance.** During inclement weather, we will dismiss from the front door of the building please leave the areas in front of the doors quickly to make space for other families.

Please note, it is more important than ever that students are picked up on time. In addition to normal duties, staff now have additional cleaning and disinfecting to do every day. Some of our teachers may teach additional classes and have only a narrow window of time to take care of themselves and prepare



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for their next group, therefore, children must be picked up promptly at 12:30. Families who have not been picked up by 12:40pm will be charged \$10 plus and an additional \$1 per minute after that. Please call educators' cell numbers to let us know if you are running late. Thank you!

If your child is going to be picked up by someone other than an emergency contact person or a guardian, please inform teachers before dropping off that day.

SUPERHERO TOOLS- FACIAL COVERINGS, SOCIAL DISTANCING, & HANDWASHING

The Earth Friends program will refer to students, their families, and teachers as superheroes as they help keep one another healthy. Classes will employ 3 main tools as superheroes: face coverings, social distancing, and handwashing.

Facial Coverings

All staff will be required to wear facial coverings for the duration of class.

Currently, in Baltimore County, all children over the age of 2yrs must wear face-coverings in indoor spaces. Earth Friends students will be *required* to wear facial coverings during health screenings, drop off, pick up, and while indoors. The Earth Friends educators will strongly encourage students to wear their face coverings whenever we cannot maintain social distance while outside (so long as children are not engaged in running games). We realize that wearing a face covering may be uncomfortable for many and simply not possible for some. However, like any new habit there is a certain degree of encouraging and practicing that can take place so that children ages 5-12 can become more comfortable with wearing a mask. Therefore, any child that cannot wear a face-covering will *not* be required to wear a face covering except during the health screening, drop off at the class grove and as we gather for circles at onset and dismissal of class. If a child is touching their mask frequently, seems bothered by it, or is taking it off, we will simply ask the child to remove it and store it in their backpack. If staff notice a child is regularly unable to wear a mask, parents will be consulted, and a plan put in place to best ensure proper social distancing for that child in lieu of face coverings.

Therefore, all students must have several face coverings on hand at class daily. We recommend having at least 2 masks. Any type of cloth or disposable face covering will be accepted, however, please consider how difficult they are to put on. We request all student face coverings have elastic straps that do not require tying or a neck gaiter for easy application and removal. For suggestions, please see the Recommended Gear List. If face coverings cannot be safely hanging around necks, they will be placed in a paper bag. **All face coverings must have the child's full name on the inside of their child's mask.**

What will encouraging students to wear masks look like? At the beginning of the class series we will directly teach students about being superheroes to help everyone stay healthy and safe. During these

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lessons we will discuss the importance of wearing face coverings and how to use them appropriately. We will do this in a developmentally appropriate way, similar to what preschool did in [this video](#) for the younger group. This will be more direct and straightforward for older classes. We will revisit this after a prolonged break as long as the local health department and the CDC recommends face coverings be used.

During the school day, teachers will pro-actively encourage students to wear their masks at appropriate times. For example, “We’re going to be close together/inside right now. Let’s be Superheroes and wear our masks. That will help us all stay healthy.” We will encourage children to wear them when they are unable to space out (like when we are looking at a cool nature find for example) or when we know we will need to be close to assist a child with a routine self-help skill. When appropriate, we will very gently ask a child to put their face covering on if we are getting close enough to console or coach a child and only when the teacher senses the child will be open to it. This will not be the case during a medical emergency or when emotions are very high.

It takes time to become accustomed to wearing face masks. Therefore, before the start of the class series, please have your child practice putting on and taking off their personal facial coverings and getting used to them. A positive parental and familial outlook will help our Earth Friends community.

Social Distancing

Earth Friends educators will do their best to attempt social distance between students in the following ways:

- Plan activities that naturally lend themselves to more social distancing
- Alter or refrain from engaging in activities that require physical contact between students (such as tag games and shared materials)
- Use visual cues or markers to show students appropriate distance from one another
- Divide each class into two smaller groups, each with a teacher, for larger group gathering times (such as circle and closing gathering). While separate, they will be close enough to see and hear one another for safety. The make-up of these groups will change and be flexible.
- Establish and encourage physically distant ways of showing affection and congratulations (ie air hugs, “long distance” high fives, and animal calls)
- Keep a wide 6ft+ distance from other groups and the public on Irvine’s grounds

However, these efforts cannot be 100% foolproof without completely limiting children’s play and social development. Children learn through interaction and play with one another; positive, caring interaction is one of the very goals of education. Children will likely show affection towards one another or physically touch during play. When this occurs, teachers will encourage children to do so in the safest way possible and gently remind students to be superheroes. There could be moments when students and staff are close together and teachers will physically comfort an upset child, assist with putting on and removing gear, etc. We will console upset children, we will help them with boots and zippers, we will be the loving



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teachers we are. We will do all we can to be safe while still maintaining a practice that is developmentally appropriate and child-honoring.

Hand Washing

All individuals (including staff and children) must wash their hands frequently throughout the day and at the following times:

- Upon arrival
- Before and after putting on a face covering
- Before and after helping a child put on a face covering
- After touching face or ears
- Before and after eating
- Before and after preparing food
- After using the restroom
- Before morning circle and after our hike
- After touching another person.

All individuals will use a proper hand washing method using soap and water, scrubbing for at least 20seconds before rinsing and drying off with a paper towel. When a sink and soap are not available, a hand sanitizer of at least 60% alcohol will be used under supervision of staff.

CLEANING AND DISINFECTING

The Irvine Nature Center will increase our cleaning and disinfecting efforts and routines. During the day, staff will disinfect touched surfaces in bathrooms between groups. Communal items and frequently touched surfaces will be disinfected whenever possible between uses and at the end of each day by educators. An EPA registered cleaner and disinfectant approved for fighting COVID-19 will be used for all cleaning and disinfecting. If indoor spaces are used we will use a CDC approved disinfectant to spray down surfaces. Materials that cannot be disinfected easily will either not be used or rotated through periods of use and quarantine between use in different groups.

SNACKS

Our snack policies and procedure have changed depending on your class, so please read this carefully. Each family is responsible for bringing a small snack for their child each day. We have moved away from our family style snacks due to health concerns. Children's snacks should be packed in small, sealable and reusable containers or bag. Snacks will not be refrigerated and should be trail friendly. If the snack requires a spoon or fork, please provide one. Suggested snacks are also below.

Suggested Trail Friendly Snacks
Fruits or vegetables
Whole grain pretzels or crackers
Granola or fruit/nut bars (no peanuts)
Crackers with nut butter/cheese
Trail mix
*please send snacks ready to eat in reusable container or bag



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All snacks must strictly follow the food guidelines below.

We strongly recommend that all snack containers and water bottles be washed after each class.

Before the start of the class series please practice opening and closing snack containers with your child. Not only will this make them more independent, it will help limit the amount of time teachers must be closer to students.

Food Allergies

Please disclose your child’s dietary restrictions and allergies during registration form **prior** to the start of class.

<i>Food Guidelines</i>	
We strive to have snacks that are natural and full of good protein to help fuel our bodies for our hikes. <i>Earth Friends is peanut free. Some children have life- threatening allergies to peanuts.</i>	
We encourage you to use reusable packaging rather than one time use packaging.	
Students may NOT bring:	Irvine will not serve (parents may send for their child):
<ul style="list-style-type: none"> • Peanuts or any items containing peanuts • Sugary snacks or desserts 	<ul style="list-style-type: none"> • Meat products • Any peanut products

ITEMS FROM HOME

Each student will need to bring a backpack to and from class each week. Inside they should have a full set of seasonally appropriate clothing and a water bottle with a **covered** straw or mouth piece. For more details on these items and weather-related gear, please see the Recommended Gear List. A full set of extra clothes contains socks, underwear, pants, shirt, and in the winter sweatshirt or sweater. Please plan to check your child’s bag daily for soiled clothes and gear!

For the foreseeable future, the **only other items a child should bring from home include:**

- Rain gear or snow gear
- Snack (as specified above “Snacks/ Meals” above)

These items must be taken home and cleaned daily.

Students may not bring lovies or toys from home. If your child truly needs a transitional object, please touch base with your child’s teachers before the start of the school year.

MAKE-UP DAYS AND LONG DISTANCE LEARNING

Each class series has a built-in one-week period for a make-up due to COVID-related closure **or** weather event. After that initial make-up week is used, we will make a reasonable attempt to provide distance-learning activities. After initial notification of a closure, you will receive additional information within 48 hours of the make-up day at the end of the session or any plans for long distance learning during the period of closure. Long distance learning *may* take the form of virtual class meetings and activities, resources sent to you virtually, and/or kits of physical materials for your child to use that you would need to pick up from Irvine.



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If Irvine must cancel more than one class due to a COVID-related event, families will be offered a discount of 50% of the tuition for the duration of the closure. Please be patient as Irvine Nature Center processes any refund as this may need to be arranged remotely if the whole center is closed. Due to the strong recommendations from health care professionals to limit the mixing of groups, we will **not** be providing individual students make up days for missed classes due to illness or absence. Nor will a refund be awarded in such absences.

Inclement Weather

Irvine Nature Center reserves the right to cancel or end a class early due to emergency weather conditions based on concern for safety of families and staff. If inclement weather makes driving conditions dangerous, we will delay or cancel class. Irvine Nature Center determines its own closings and delays. Any decision to cancel or dismiss class early will be made by Irvine's Deputy Director. Safety will always be first in guiding our decision.

If Irvine delays opening until 10:00am, Earth Friends will start class at 10:30am and dismiss at our regular time (12:30). If Irvine delays opening until 11:00am, Earth Friends classes will be canceled.

In the event of severe weather developing after arrival, Irvine Nature Center reserves the right to dismiss early to ensure the safety of students, their families, and our staff. Such early dismissal will be done only in extreme circumstances. If the Deputy Director deems that it is unsafe for class to continue as normal even if we were to move indoors, parents will be informed via phone call.

Please check your email for a message from the Head of Homeschool Programs and/or the Director of ECE regarding school delays or closures. As always, please do not come to school if your location is not yet safe for travel. For any weather-related questions call the main line at 443-738-9200. Alternatively, visit www.ExploreNature.org, check Irvine's social media pages, or tune in to WBAL or WJZ for a weather update.

COMMUNICATION

We realize that some of these new policies and procedures will inhibit the regular face to face check-ins with your child's teachers. Therefore, we will be more reliant on technology to help us do so. In the weeks prior to the first day of class, we will send a Welcome Letter which will include a gear/supply list, staggered arrival group assignment for health screening, and a description of what to expect the first few days of class.

Earth Friends educators will send weekly emails sharing photos and descriptions of that week's adventures.

Who to contact when and a handy reference of numbers is on the following page below so that you can display that in an easy to access spot in your home.



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Who to Contact

We again would like to reiterate the importance of honest, open, and timely communication about your family's health, exposure to COVID-19, and travel. We need your help to keep our students and whole community safe as well as prevent any temporary closure of the Irvine Earth Friends program. All information will be kept confidential.

If you have questions or concerns about your child's day: your child's teachers. Before the start of the class series we will provide information on how to best do so.

If you feel that your concerns are not being addressed or if you have questions about school policies: please contact the Head of Homeschool programs, Stephanie Holzman, or the Director of Early Childhood Education, Katie Rooney.

If your child is going to be absent for any reason: contact the Director of ECE directly. Doing so helps us keep families and staff all safe. **Please report any and all illness or questions about exclusion directly to her.** She can be reached in the following ways:

- Mon-Fri: 10-2pm Office phone (443) 738 9223
- Outside of these hours: Cell phone (443) 379 4605
- Anytime: RooneyK@ExploreNature.org

If this is a pressing matter such as an illness, please call first. If you do not speak to her directly, please leave a voicemail and **include your phone number**. Then please follow up with an email. Thank you.

For questions about tuition payment or to update credit card information: contact the ECE Program Coordinator, Moriah Munsch

For grievances to which you feel you have not received a satisfactory response: contact the Director of Education or the Deputy Director of Irvine.

If an urgent matter arises during the school day: call the main line of Irvine directly at (443) 738 9200. Please call this line if you are running late or there is a change in pick up for your child that day.

Contact Information

Katie Rooney Director of Early Childhood Education	RooneyK@ExploreNature.org M-F 10-3:30, Office: (443) 738 9223 All other times, Cell phone: (443) 379 4605
Moriah Munsch ECE Program Coordinator	MunschM@ExploreNature.org (443) 738 9210
Stephanie Holzman Head of Homeschool Programs	HolzmanS@ExploreNature.org Cell: (410)979 4616 Office: (410) 738 9221
Brian Rollfinke Director of Education	RollfinkeB@ExploreNature.org (443) 738 9212
Courtney Sagal Deputy Director of Irvine	SagalC@ExploreNature.org (443) 738 9224



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STATEMENT OF GOOD HEALTH

The following statement will be signed by student guardians prior to the start of each class.

I, the guardian of my child(ren) _____,
attest to the following:

_____ *My child does not have a confirmed case of COVID-19 or is awaiting the results of COVID-19 test (nor does anyone in our household).*

_____ *My child, has not been told to self-quarantine or isolate by the Health Department of a health care professional (nor has anyone in our household).*

_____ *My child has not had prolonged contact with anyone with COVID-19 in the past 14 days (nor does anyone in our household).*

_____ *My child does not have any of the following symptoms: shortness of breath, cough, loss of taste or smell, fever of over 100 degrees, chills, muscle ache, headache, sore throat, fatigue, gastrointestinal conditions, congestion, or runny nose (nor does anyone in our household).*

_____ *My child has been fever/diarrhea/and vomit free for at least 24 hours without the aid of any medication.*

_____ *My child has not had prolonged contact with anyone with any of the above symptoms in the last 14 days (nor has anyone in our household).*

_____ *No one in our household has traveled outside of the state to a hotspot area in the last 14 days.*

GUARDIAN SIGNATURE

DATE